P.S. by Gary Bate

What I'm about to share is the answer to my life and thus it's the answer to your life. What you do with it is entirely up to you.

I am a giver (without conditions) because I've learned that paying it forward is the best way to live. What is my truth can be yours too. What follows is pure giving..

Our physical bodies take their dictates from the corrupt Light body that surrounds us all. It's corrupt because its over-riding consciousness is control and it houses every conceivable aspect of control – the depth of subtlety will amaze you. But surrounding us is another body of light that's not corrupt. Hold that thought..

Now there's a place within everyone that's PURE and it is for us to stop sliding off it.. why?

When we consistently slide off that pure place, the nature of our sliding off manifests as dis-ease in our bodies. Disease becomes chronic unless we stop the sliding off. My gout taught me this..

The common reasons we slide off are our needs to be in control and our emotions, which simply amount to a lack of understanding. We experience negative emotions because we don't understand.

So we see that consciousness really is everything and when we only ever come from pure intent we stop the dis-ease. In other words, we move beyond the corrupt Light body to the non-corrupt body.

When we are no longer governed by the Light body and the Light realm itself, there's nothing to bring us down! Said another way – when our minds stay in that place of pure intent, our physical bodies take their dictates from the higher non-corrupted realm. What does no disease look like?

~ Gary Bate.

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